



SINGAPORE YOUTH OLYMPIC SCHOLARSHIP





The SINGAPORE YOUTH OLYMPIC SCHOLARSHIP

The Singapore Youth Olympic Scholarship (SYOS) is Singapore's legacy for the 1st Youth Olympic Games. Six full scholarships (one from each of the five continents and one from Singapore) will be offered at each Summer Youth Olympic Games. The scholarships consist of:

- Integrated Sports training and Education at the Singapore Sports School
- Education and Training for 4 - 6 years¹
- Excellent training facilities
- Specialised coaching in sports/discipline
- Full board accommodation
- Accident and Health Insurance
- Costs involved in selected overseas competitions
- Up to one year of language induction for non-English speaking candidates

¹Depending on the educational progression of athlete

APPLICANT CRITERIA

- Applicants with age turning 13-15 years old in 2011 to start Secondary one.
- Six awardees per summer YOG, one from each of the five continent and one from Singapore.

Any one of the seven Olympic Summer Sports

- Aquatics
- Athletics
- Badminton
- Football
- Golf
- Sailing
- Table tennis

- * More sports may be available in the future based on the development of high-quality training programmes.





The Singapore Youth Olympic Scholarship will be delivered at the Singapore Sports School (SSP). The SSP is a unique school, integrating quality education and high-level sports training.

EXCELLENT TRAINING FACILITIES

The Singapore Sports School occupies seven hectares and comes equipped with world-class sporting facilities. SSP will be the competition venue for three Youth Olympic Games sports (swimming, modern pentathlon and shooting). SSP also houses a state-of-the-art Sport Science Academy, which supports training, educates athletes as well as optimises athletes' performances.

1. HOLISTIC MONITORING OF ATHLETES' DEVELOPMENT NEEDS

The Sports Science Academy provides a complete suite of in-house professional services, including physiotherapy, sports nutrition, strength and conditioning, biomechanics, physiology and psychology services. Working together, they monitor the growth and development of our student athletes and oversee their nutritional needs. Through regular medical screenings and tests, they keep our coaches informed of how students are developing so that sound training programmes can be developed for them.

2. ATHLETE SPORTS SCIENCE EDUCATION

The Sports Science education programme instills in all athletes the knowledge and understanding of issues like injury management and nutritional strategies.

A school for WORLD-CLASS ATHLETES

FLEXIBLE BUT RIGOROUS ACADEMIC DELIVERY SYSTEM

The Sports School takes the world-renowned Singapore education system one step further with a highly customised education approach. Each pupil is viewed as an individual with special talents and needs. The Sports School and the SYOS offer these features:

1. FLEXIBLE LEARNING ENVIRONMENT

Athletes are not disadvantaged if they miss coursework while competing overseas. Electronic distance learning allows athletes to keep in touch with coursework even while training or competing overseas. Make-up lessons will be scheduled upon their return and teachers will constantly evaluate and modify the lessons to ensure quality learning for the athletes.

2. BENCHMARKED TO GLOBALLY-RECOGNIZED STANDARDS

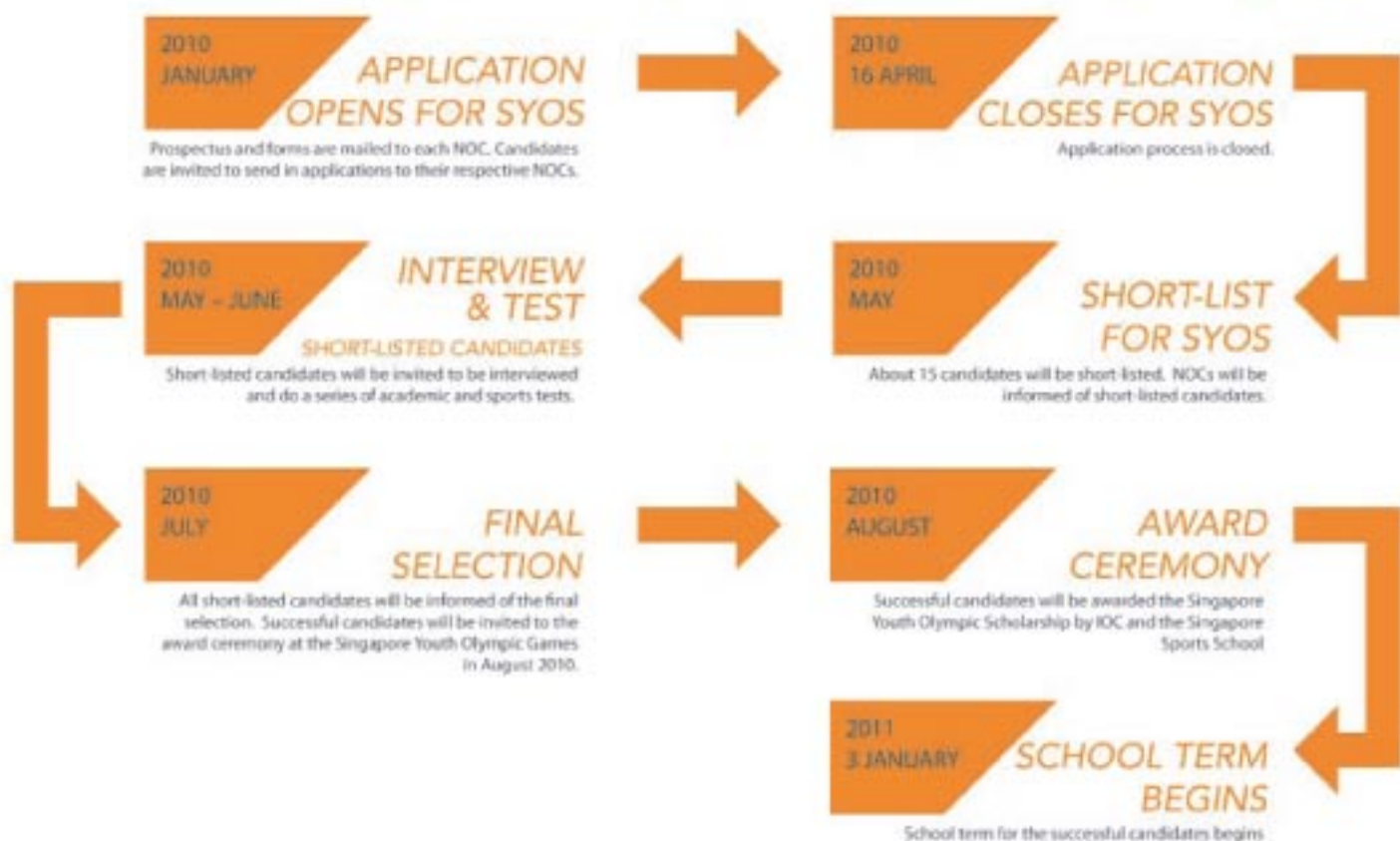
Students can sit for the GCE 'O' Level² examinations (junior high) after 4 years of secondary education and if they qualify, they can proceed to the 2-year International Baccalaureate (IB) Diploma programme or read the 3-year Diploma in Sports and Leisure Management offered at the Sports School.

3. PLACEMENT TEST TO GAUGE INDIVIDUAL STARTING POINT

Foreign athletes go through placement tests to determine the appropriate entry level. Candidates must meet academic and sports pre-requisites. The medium of instruction is English in all academic subjects. SSP can offer a language induction course lasting up to one year for athletes from non-English speaking countries.

²The GCE 'O' Levels (General Certificate of Education, Ordinary Levels) is an academic qualification that examination boards in the United Kingdom and a few of the commonwealth countries confer to students.

APPLICATION PROCESS



To apply to the scholarship all items listed in the checklist below must be submitted together. Please send all documents to your respective National Olympic Committee. You should also request your previous school to send your student records directly to the Singapore Sports School at the address below. Selection will be based on academic and sport aptitude, as well as interview of short-listed candidates.

APPLICATION CHECKLIST:

- Application form (enclosed or please download from www.sportsschool.edu.sg/syos)
- Photocopy of passport X 1
- School transcript X 1
- Passport Photo (2" by 2") X 4
- Standardized test scores X 1
- Medical examination certificate X 1
- Photocopy of Birth Certificate of student X 1





Facilities @ SPORTS SCHOOL

Singapore Sports School's world-class facilities have been used to host international competitions and events. Many countries and national sports associations have also held residential centralised training camps on our campus.

OUR FACILITIES INCLUDE

- 2 all-weather Olympic-sized pools (50m x 25m)
 - Each pool can hold 10 lanes. One pool is 2m deep while the other is 1.4m to 1.6m deep.
- Badminton Hall
 - Features 10 courts
- Table Tennis Hall
 - Can hold up to 32 tables
- Running track and synthetic football field
 - 8-lane 400m running track made of synthetic rubber
 - Synthetic pitch which is used for training and holding international youth matches.
- Gym
 - Our two-storied gym is made up of a strength and conditioning centre on the first floor and a cardiovascular workout centre on the upper floor. The gym is equipped with a wide range of weight-machines, treadmills, elliptical trainers and other fitness equipment. It also features two aerobic studios.
- 2 outdoor netball courts
- 1 indoor multi-sports auditorium
 - The air-conditioned auditorium can be used for a wide-variety of sports including netball, basketball, table-tennis, badminton, volleyball and futsal.

OUR HOSTEL FACILITIES

Our student athletes live on campus and are also looked after by the Boarding School managers and residential school staff who act as house masters. Security guards are also on standby 24 hours a day. Students have access to school facilities including rest and recreation rooms when they are not in class or training.





While relatively young, SSP has already groomed three World Champions, two Asian Games Gold Medallists, One World Youth Champion and three Asian Youth Champions.

TESTIMONIAL

"Sports School brings out the best in people! Not only do I have access to world class facilities, but more importantly, there are highly qualified coaching staff as well as sports physiologists and strength & conditioning coaches. It is THE recipe for sporting success."

"I remember when I started in 2005 I was clocking in at 1:00:57 for the 100m Butterfly event. The Sports School's meticulous approach to training, research and preparation as well as ample overseas training and competition stints were instrumental and ultimately responsible for taking me to the next level. In 2008, I clocked 57.54 which was a new Asian Record at the Beijing Olympics just a second behind the first place finisher, Australia's Libby Trickett (56.73)."

Tao Li, Olympian, Asian Games Gold Medalist, Singapore Sports School Alumni



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